

Training in the Methods & Programs of the Bread Houses Network

Our Mission

The Bread Houses Network drives **positive social change** through high-touch bread-making services and unique Bread Therapy® that **nurture respect, inclusion, and creativity in communities** around the globe. Our unique strength is to build transformational contact across cultures, ages, professions, and special needs. We are eager to **share our methods** for fostering social inclusion, community building, and cultural celebration so that others may use them, learn from them, and help **create more inclusive communities!**

Apply our Methods – Join Us For a Training

The training has **three** components:

1) **The BHN Methods** (all of the listed or preferred selection):

- **BREAD THERAPY®**: art therapy for people with special needs; refugees and victims of violence; various vulnerable groups, aiming mixed events and community integration of these groups
- **THEATRE OF CRUMBS**: story-telling-based emotional education method for schools/kindergartens
- **KITCHEN MUSIC**: music therapy and emotional intelligence method
- **3S (Sifting – Shaping – Sharing) Alternative Career Guidance** method: for high school and university students; adults seeking new career paths
- **BREAD-BUILDING TEAM-BUILDING**: for companies and coaching groups
- **BREAD IN THE DARK (BIND)**: employing sight-impaired facilitators in mixed groups
- **PEACE BREAD AND OVERNS OF THE WORLD**: a BHN program specially designed to work with refugees of all ages and help them integrate into the new host culture
- **BREADS & CULTURES OF THE WORLD**: intercultural educational program in Cultural Anthropology for schools



WHO WE ARE

The Bread Houses Network (BHN) is a global collection of NGOs and enterprises that promote collective bread-making as a tool for social inclusion and change.

BHN has trained more than 100 practitioners in 20+ countries on 6 continents!

Visit Our Website: breadhousesnetwork.org

Watch Our Video: www.youtube.com/watch?v=cJlfjn7bUL8



2) Facilitating the **'Bakers without Borders' Educational Board Game** – a tool teaching social entrepreneurship skills and cultural anthropology for children and youth, recognized by the **Intercultural Innovations Award of the United Nations 2016**.

3) The **BHN social enterprise model** – learning how to create innovative services, products, and a unique sourdough bakery model www.nadezhko.com

At the conclusion of training, all trainees receive:

- **An official Certificate as “Trained Practitioner/Bread Therapist” and a license agreement with the right to use our methods**
- **A Handbook on the BHN Methods (180 pages)**
- **A free educational game “Bakers Without Borders”**
- **Inclusion in our international community of Bakers Without Borders/ChangeBakers**
- **Permanent access to our online training platform**

JOIN US FOR A TRAINING

The training lasts **2 days** and will be done through our online training platform

The standard price of our training is **900 Euros**

RECOGNITIONS & AWARDS

United Nations Alliance of Civilizations & BWM Group Intercultural Innovation Award 2016

World Women Economic Forum 2016 Iconic Innovative Trailblazers of the Decade Award

Initiative of the Year 2017 Award, 8th Mont-Blanc Global Meetings on SSE

European Innovation in Volunteering Award, 2019, VOLONTEUROPE

Global Agenda 21 for Culture Good Practice for Social Inclusion Through Cultural Engagement

The National Geographic ‘Traveler With A Mission’ Award, 2012 (BHN Founder)

The European Commission’s platform on Social Integration Good Practices Network

European Social Innovation Network Recognition as a Good Practice Model

WeStart European Project: BHN as a European Social Entrepreneurship Good Practice

